

Amendments to the Abstract

Please replace the previous abstract with the following redlined abstract, which is also included on a separate sheet with the attached substitute specification and redlined substitute specification.

ABSTRACT OF THE DISCLOSURE

The invention provides ~~compositions, kits, and methods~~ for providing or restoring beneficial bacteria to a subject. The ~~compositions and~~ kits optionally include food or nutrients to promote growth and proliferation of the bacteria in the subject, such as spirulina, chlorophyllins, fructooligosaccharides, or methylsulfonylmethane. ~~or~~ The kits optionally include an antimicrobial agent to reduce the presence of undesirable or pathogenic microbes in the subject, such as an antibiotic and/or anti-mycotic.